

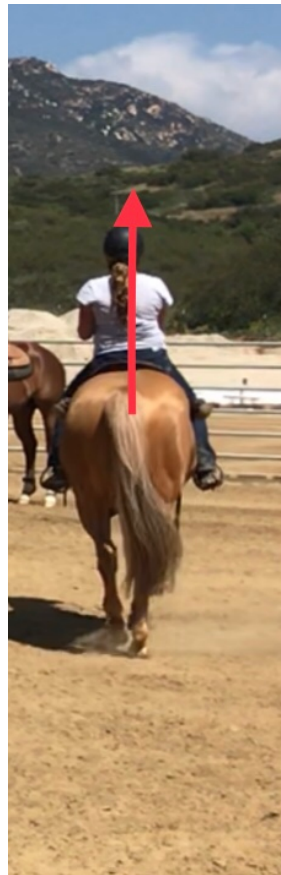
OCTOBER 14 - 16TH . 2022

Equine Align/Rider Refine Clinic

Presented by 4-Star Senior Parelli Professional
Margit Deerman and Dr. Amy Resler, DPC,
CMP, CSCS, CERP

Topics that we will cover:

Basic Horse Anatomy
Know horses baseline
Palpation for Assymetry and
muscle tension
Body mechanics
Equine/human heart rate
monitoring
Horse/Rider stretching
Riding with fluidity



Margit has been teaching natural horsemanship for 25 years and focuses on learning how to ride well along with teaching people about the psychology of horses. Amy has been practicing as a physical therapist for 18 years and is passionate about educating the rider on the anatomy and body mechanics that influence equine-rider movement.

Contact Margit Deerman at
mdeerman@gmail.com. for more information.
Limited to 8. Cost: \$600 with horse, \$200
without horse.

Located in Valley Center, Ca.