

5th Annual EQUINE ALIGN RIDER REFINE



Topics we will cover:

- Basic horse anatomy
- Body mechanics
- Palpation
- Your horse's baselines
- Video analysis of horse and rider
- Posture and performance
Exercises for the horse and rider
- Evidence-based relaxation, strength and suppling exercises for horse and rider

Presented by: Margit Deerman, 4-Star Senior Parelli Professional and Amy Resler DPT, CERP, CMP, CSCS

When: December 6th-8th, 2024

Where: Robele Farms at Equine Illusions (Miller) Ranch
11001 Longford Ave, Lake View Terrace, CA 91342

Contact: Michele Purpora-Tardi at 818-834-5818 or
robeleffarms@gmail.com

Cost: \$725 for riders. \$225 for participating auditors (will get handouts and participate in exercises on the ground). Auditors that only observe with no handouts, \$100. Contact Michele regarding stabling or haul-in cost.

